

# Heronsgate School Physical Education Policy

## September 2023

*Review date: July 2024*

### **Intent:**

At Heronsgate we believe that, through P.E., children undertake physical activity and learn to understand about healthy lifestyles. They should learn to develop positive attitudes and ensure safe practice.

### **Implementation:**

Children are taught six areas of activity: games, gymnastics, dance, athletics, outdoor and adventurous activities (orienteering exercises, adventure play apparatus, residential visit) and swimming in year 3. Our sporting aims fall under four headings:

- enjoyment
- exercise
- an opportunity to acquire skills
- an opportunity to enjoy the challenge of competitive sport

Lessons are differentiated with a competitive nature where appropriate. This enables all children to achieve the fundamental skills set out in the National Curriculum (2014). We believe that learning to be competitive promotes teamwork, enjoyment and good mental health.

Whilst at Heronsgate, children have the opportunity to experience and develop skills in a variety of sports including: cross country, football, netball, rounders, cricket, athletics, short tennis, rugby, hockey, volley ball, dance, gymnastics and swimming. We feel that competition is a desirable and necessary aspect of games and we stress the importance of good sportsmanship at all times. We compete in inter-school tournaments, district and inter-county competitions. Participants fulfil the above aims.

### **Impact:**

PE at Heronsgate ensures that children have access to mainstream sports and skills that they will continue to use on their academic journey and beyond. It is our belief that our curriculum will foster a life-long love of physical activity and competitive spirit which will continue to be applied throughout a child's life.

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**Curriculum:**

Heronsgate PE Curriculum Overview: 22/23

Yr	Autumn 1	Autumn 1	Autumn 2	Autumn 2	Spring 1	Spring 1	Spring 2	Spring 2	Summer 1	Summer 1	Summer 2	Summer 2		
	Games	PE	Games	PE	Games	PE	Games	PE	Games	PE	Games	PE		
3	Tag rugby	<b>Fitness</b>	Multi-skills	Hockey	<b>Healthy Living</b>	Flintstones DANCE	Handyball	Swimming	Cricket	Swimming	Rounders	Gym	Tennis	OAA
4	Basketball		Badminton	Leadership Games		Table Tennis	Football	Flintstones DANCE	MKSSP-Indoor Fitness Y3/4	Badminton	Cricket	Gym	Athletics	OAA
5	Tag Rugby		Dance (Hakka)	Netball		Gym	Hockey MKSSP	Dance-Space MKSSP	OAA	Indoor Athletics Fitness	Tennis	Athletics	Cricket	Volleyball
6	Basketball		Badminton	Football		Gym	Handball	Dance Survival	Pop Lacrosse	Athletics include distance	Cricket	Dodgeball	Volleyball	OAA

**Planning and Teaching:**

It is expected that a typical lesson is conducive of positive learning. Children should be able to access every lesson at their relevant ability, whilst also being able to work collaboratively with their peers. Furthermore, lessons should be fun and engaging, offering a plethora of opportunities to put in practice skills learned in the form of a competition.

**Role of the class teacher:**

- To ensure children have access to a wide range of opportunities in terms of physical education.
- To teach according to the lesson plan and LTP
- To assess the children in their class to enable next steps to be identified
- To report outcomes to parents and the child at regular intervals
- Provide a safe and positive learning environment so that children can explore a range of concepts.

**Role of the subject leader:**

- Ensure implementation of statutory PE & Games learning outcomes.
- Monitor the quality of teaching and learning
- Provide CPD opportunities for staff to ensure that teachers are highly skilled and knowledgeable

**Assessment and Feedback:**

Formative and summative assessment are designed to inform daily lessons for children to achieve the learning outcome to their ability. Using our clear and robust assessment method, teachers are able to extend children whilst also catering for those whom are struggling to grasp an initial concept. Interventions are subsequently carried out during lunchtimes in a fun and engaging format.

**Homework and Parental Engagement:**

At Heronsgate we believe that transparency is key. As a result, we share with parents every term what their children are learning about in both PE & Games. Additionally, we regularly keep our parents updated with any extra-curricular clubs that are on offer.

**Inclusion and SEND:**

Formative and summative assessment are tailored to individual children to promote efficient progress amongst all learners. Whilst all children will experience the same learning outcomes, a lesson for a child with mobility issues will look different to a child with ASD. However, all learners will participate in the same lesson and will learn from each other.

**Resources and Displays:**

All classes have access to showcase what each year group is learning about during that term.

**Monitoring:**

Progress of all children is monitored through assessment opportunities and regular lesson observations. It is the subject leader's responsibility to ensure that PE is taught in accordance with policy and layer documents.

**Cross curricular links:**

We provide our year 3 students the opportunity to be able to swim up to 25 meters (as stipulated in the 2014 National Curriculum) through weekly swimming sessions taking place in the spring and summer terms.