



Sex and Relationship Education (SRE)

Monday 15th May 2023

Dear Parents and carers,

At Heronsgate School, we are committed to ensuring all children have access to a Personal, Social, Health Education (PSHE) programme that enables children to acquire the skills and knowledge in order to understand the changes that will take place in their bodies as they grow. As part of the programme, using our PSHE scheme, 'Jigsaw', the children will not only learn about emotional, social and physical aspects of growing up but also how to keep themselves and others safe on and offline.

Part of the lessons will cover aspects of Sex and Relationships Education (SRE). During these sessions, the children are encouraged to ask questions which we will answer as fully as is appropriate for the year group. Learning is age appropriate and builds on the knowledge from previous year groups. Below is an overview of what will be covered in each year group:

- Year 3 - How babies grow and how boys' and girls' bodies change as they grow older.
- Year 4 - Internal and external reproductive body parts. Conception explained in simple terms (an egg being fertilized).
- Year 5 - Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms.
- Year 6 - Puberty for boys and girls revisited. Understanding conception to the birth of a baby, including IVF. Becoming a teenager.

All lessons are taught using correct, scientific terminology, child-friendly language and diagrams.

As a parent, you have the right to withdraw your child from the sex education aspects of the programme of study (SRE). Should you decide that you do not wish for your child to take part, we would ask that you first speak with the PSHE leader, Mrs Oubridge-Lyons. A withdrawal letter is available upon request and/or via the main office.

A drop-in session to view the teaching materials and ask and questions will be held on Monday the 22nd of May at 3:30pm. If you are unable to make the drop-in session, please make contact via the main school office to arrange a meeting with the PSHE leader.

Regards,
Mrs. R Oubridge-Lyons
PSHE Leader

Headteacher: Mrs J. Edwards B.A (Hons)
Deputy Head: Mr T Rowlands B.A (Hons)

Chair of Governors: Mrs P Dent
Business Manager: Mrs V Jewell BSc (Hons)