



Lichfield Down, Walnut Tree, Milton Keynes, MK7 7BW  
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Dear Parents/Carers

As part of the Personal, Social, Health Education and Economic Wellbeing (P.S.H.E.E) and Science curriculum, children will be learning about changes in their own bodies as they grow and how babies grow from fertilisation. We are basing the lessons around the school's PSHE programme, 'Jigsaw' which consists of PowerPoints, diagrams and discussions. During these sessions, the children are encouraged to ask questions which we will answer as fully as is appropriate for the year group. Please be aware that this may mean that your son/daughter might ask further questions at home and we would always recommend that they are answered openly and honestly.

Learning in each year group builds on the learning from the previous year. Please see below the overview for what will be covered in each year group.

Year 3 - How babies grow and how boys' and girls' bodies change as they grow older.

Year 4 - Internal and external reproductive body parts. Conception explained in simple terms (an egg being fertilized).

Year 5 - Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms.

Year 6 - Puberty for boys and girls revisited. Understanding conception to the birth of a baby, including IVF. Becoming a teenager.

All lessons are taught using correct terminology, child-friendly language and diagrams.

As a parent, you have the right to withdraw your son/daughter from the sex education aspects of the programme of study. If you would like any further information or if you do wish to withdraw your child then please speak to Mrs Gardner-Potter who can supply you with a withdrawal letter.

Yours sincerely

Caron Gardner-Potter  
Deputy Headteacher

**Headteacher:** Mrs J. Edwards B.A (Hons)  
**Deputy Head:** Mrs C. Gardner-Potter B.Ed (Hons)

**Chair of Governors:** Mrs P Dent  
**Business Manager:** Mrs V Jewell